



What conditions are treated with Prolozone?

- Degenerative Arthritis
- Neck and back pain
- Sports Injuries
- Unresolved whiplash
- Carpal Tunnel Syndrome
- Torn Tendons, Ligaments and Cartilage
- Sciatica
- Neuromas
- Degenerative Disc Disease and Disc Herniation
- Heal Spurs
- Knee Injuries
- Tennis Elbow

Dr. Nelson Kraucak has been trained by the American Association of Orthopedic Medicine and has been performing Prolozone Therapy for over seventeen years.

Patients have seen a significant improvement in symptoms including:

- ⊕ **Neck and back pain**
- ⊕ **Degenerative arthritic joints**
- ⊕ **Rotator cuff**
- ⊕ **Ligament**
- ⊕ **Cartilage tears**
- ⊕ **Sports injuries**

Dr. Kraucak remains dedicated to bridging the gap between clinical medicine and complimentary therapies to promote the body's natural healing mechanisms.



Healthcare Partners
A Holistic Medical Practice

**REGENERATIVE
THERAPY**

Prolozone

**for chronic
pain**



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PROLOZONE THERAPY

PROLOZONE THERAPY IS A FORM OF NON-SURGICAL LIGAMENT RECONSTRUCTION AND IS A PERMANENT TREATMENT FOR CHRONIC PAIN. "PROLO" IS SHORT FOR PROLIFERATION, BECAUSE THE TREATMENT CAUSES THE PROLIFERATION (GROWTH, FORMATION) OF NEW LIGAMENT TISSUES WHERE IT HAS BECOME WEAK.

DO YOU SUFFER FROM PERSISTENT PAIN, JOINT ACHES, OR HAVE YOU BEEN DIAGNOSED WITH DEGENERATIVE ARTHRITIS?
DO YOU REQUIRE REPEATED CHIROPRACTIC TREATMENT TO ALIGN YOUR SPINE BECAUSE THE ADJUSTMENTS JUST DON'T HOLD? . . . PROLOZONE THERAPY CAN HELP.



Important Notice:
Patients should not be on any anti-inflammatory medications (prescription or otherwise) at least 2-3 days before and after each treatment.



Prolozone Therapy is an alternative to invasive orthopedic surgery and joint replacement.

NOTE: No guarantees or warranties concerning outcomes are herein made or implied.

HOW DOES IT WORK?

Prolozone Therapy involves the injection of ozone into soft tissues, ligaments, and tendons. This causes a localized stimulation in these weak areas, which then increases the blood supply and flow of nutrients. These effects stimulate the tissue to repair itself, strengthening and tightening thereby stabilizing the area.

A mixture of ozone, procaine, Vitamin B12, and other homeopathic preparations are injected into soft tissue and/or ligaments or tendons where they attach to the bone. This promotes healing to the site area, which then increases the blood supply, and stimulates the repair of damaged connective tissue.



AVOID CHRONIC PAIN!
Get Back to Doing the Things You Love!

HEALTHCARE PARTNERS OFFERS
PROLOZONE THERAPY

PROLOZONE THERAPY IS:

- | | |
|--------------|--------------|
| SAFE | OFFICE-BASED |
| EFFECTIVE | CONVENIENT |
| NATURAL | AFFORDABLE |
| NON-SURGICAL | |

HOW MANY TREATMENTS?

The treatments vary from individual to individual and depends upon one's healing ability. Some people may need only one treatment, while others may need as many as twelve.

HOW MUCH DOES IT COST?

Each patient's medical requirement is unique. Therefore a consultation with the physician is needed to decide the best treatment option (and total cost) for you. Prolozone is not covered by insurance.

HOW SOON CAN I GO BACK TO REGULAR PHYSICAL ACTIVITIES?

Prolozone Therapy helps regenerate tendons and ligaments but it is not a quick fix. The therapy stimulates growth of tendons and ligaments requiring time and rehabilitation. Through regular visits, your doctor will determine when you are able to resume regular physical activities.

If you have a tendon or ligament injury and traditional methods have not provided relief, then Prolozone Therapy may be a solution. The procedure is less aggressive and less expensive than surgery. It will heal tissues with minimal or no scarring and alleviates further degeneration of the tissues.